



CMS COLLEGE OF ENGINEERING AND TECHNOLOGY

(Affiliated to Anna University, Chennai & Approved by AICTE, New Delhi)

Coimbatore – 641 032

5.1.2 Life Skills

**ACADEMIC YEAR
2021 – 22**




Principal
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5.1.2 Life Skills				
S. No	Name of the capacity development and skills enhancement program	Date of implementation	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
1	Awareness Programme on The Positive impact of organic foods	12.05.2022	48	Mr. Nithish, Physical Director, CMSCET, Coimbatore
2	Awareness Programme on The emotional and Physical benefits of Meditation and Yoga	03.05.2022	57	Mr. Nithish, Physical Director, CMSCET, Coimbatore
3	Guest Lecturer on Stress Management Techniques	29.11.2021	40	Mr. K.Saravanan, Senior Software Engineer, Chennai
4	Seminar on The Role of Nutrition in Health	20.10.2021	48	Mr. N.Pazanichamy, Chief Executive Officer, Alpha Power System, Dindugal


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CIRCULAR

Ref : CMS CET / CCR / 2122 / 014

Date: 09-05-2022

This is to bring to your kind knowledge that, the Positive Impact of Organic Foods Programme for Final year Students of All Departments is scheduled to be held on 12.05.2022. All the students are instructed to assemble in Seminar Hall I at 02:00 PM.


PRINCIPAL

Copy to:

1. All Department HOD'S
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3. Library
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Awareness Program on

THE POSITIVE IMPACT OF ORGANIC FOODS

ALL DEPARTMENT STUDENTS

DATE: 12.05.2022

TIME: 2 PM

CMS CET

RESOURCE PERSON

*Mr. Nithish,
Physical Director*



Principal

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Kumittipathy, Coimbatore - 641 032



REPORT OF THE EVENT

Title of the event : The Positive Impact of Organic Foods
Date of the event : 12.05.2022
Resource person : Mr.Nithish, Physical Director, CMS College of Engineering and
Technology, Coimbatore
No. of participants : 48



The Positive Impact of Organic Foods on 12.05.2022

Nurses play an important role in providing basic healthcare and first aid to the sick. They are the backbone of any healthcare system around the world. Without them, the complete healthcare system will become defunct and fail to serve the needy. In fact, they are the hands and eyes of doctors and other professionals. It is therefore, only obvious that we recognize the significance of nurses in the implementation of healthcare services and applaud their efforts from time to time, in order to keep their morale high.



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Every country that celebrates International Nurses Day holds several commemorative events for the nurses. Nurses are awarded, applauded, and recognized for their contribution to society. This, in turn, encourages them to serve society beyond their capacity and keeps them true to their oath. A society that recognizes nursing as a respectable profession is a healthy society. 48 students attended the session.

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List of Participants - The Positive impact of Organic foods programme

S. No	Register Number	Name of the Student	Department
1	720421103002	JACOB KUNJUKUNJU V	I CIVIL
2	720421103003	NAJEEB P T	I CIVIL
3	720420103305	DEEPU B NAIR	II CIVIL
4	720420103311	MUKUNTHAN M M	II CIVIL
5	720420103315	PRAKASH M	II CIVIL
6	720420103317	PRAVINKUMAR S	II CIVIL
7	720419103009	RAVI SANKAR M	III CIVIL
8	720419103306	ISSAC P J	III CIVIL
9	720419103323	MUHAMMED SHIBIN B P	III CIVIL
10	720421104006	ANBU R	I CSE
11	720421104010	BOOBESH.S.R	I CSE
12	720421104013	DRAVIDARSELVI .T	I CSE
13	720421104014	GANESHAN D	I CSE
14	720421104017	HARIS BASHEER	I CSE
15	720421104018	JANARTHANAN	I CSE
16	720421104024	JONES A	I CSE
17	720421104033	MOHAMMED RISHIL	I CSE
18	720421104038	NIYA E	I CSE
19	720421104042	SHAHIN.S	I CSE
20	720421104045	SIVANESAN.G	I CSE
21	720421104050	THANSEER	I CSE
22	720421104051	VALLARASU R	I CSE
23	720420104002	ABHILASH B	II CSE
24	720420104010	CHANDRU A	II CSE
25	720420104020	PARTHASARATHI V	II CSE
26	720420104037	VIGNESH S	II CSE
27	720420104322	UMADEVI V	II CSE
28	720419104017	MUHAMMED MUSAMMIL K P	III CSE
29	720419104023	SOMITHA	III CSE
30	720421106002	NAGARAJ T	I ECE
31	720421106003	NAVEEN	I ECE




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32	720421106004	RANI S	I ECE
33	720420106306	DHANASEKARAN S	II ECE
34	720420106315	KARTHIK L	II ECE
35	720419106001	AISWARYA MANOJ	III ECE
36	720419106303	KRISHNA S	III ECE
37	720418106501	BINOJ RAJ	IV ECE
38	720421105001	SANKAR M	I EEE
39	720420105303	ARUNPANDIYAN C	II EEE
40	720420105317	PRASATH U	II EEE
41	720419105305	KRISHNARAJ S	III EEE
42	720420114002	ADITHYA P	II MECH
43	720420114006	THEJAS K. P	II MECH
44	720420114310	GUNASEKAR K	II MECH
45	720420114323	SARAN S	II MECH
46	720419114005	KARTHIKUMAR R	III MECH
47	720419114306	AMAL T V	III MECH
48	720419114326	SACHIN C P	III MECH

Placement officer

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Life Skill

Awareness Programme on The Positive impact of Organic foods

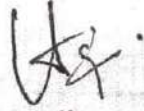
ATTENDANCE SHEET

S.NO	REG NUMBER	NAME OF THE STUDENT	DEPT	12-05-22
1	720421103002	JACOB KUNJUKUNJU V	I CIVIL	/
2	720421103003	NAJEEB P T	I CIVIL	/
3	720420103305	DEEPU B NAIR	II CIVIL	/
4	720420103311	MUKUNTHAN M M	II CIVIL	/
5	720420103315	PRAKASH M	II CIVIL	/
6	720420103317	PRAVINKUMAR S	II CIVIL	/
7	720419103009	RAVI SANKAR M	III CIVIL	/
8	720419103306	ISSAC P J	III CIVIL	/
9	720419103323	MUHAMMED SHIBIN B P	III CIVIL	/
10	720421104006	ANBU R	I CSE	/
11	720421104010	BOOBESH.S.R	I CSE	/
12	720421104013	DRAVIDARSELVI .T	I CSE	/
13	720421104014	GANESHAN D	I CSE	/
14	720421104017	HARIS BASHEER	I CSE	/
15	720421104018	JANARTHANAN	I CSE	/
16	720421104024	JONES A	I CSE	/
17	720421104033	MOHAMMED RISHIL	I CSE	/
18	720421104038	NIYA E	I CSE	/
19	720421104042	SHAHIN.S	I CSE	/
20	720421104045	SIVANESAN.G	I CSE	/
21	720421104050	THANSEER	I CSE	/
22	720421104051	VALLARASU R	I CSE	/
23	720420104002	ABHILASH B	II CSE	/
24	720420104010	CHANDRU A	II CSE	/
25	720420104020	PARTHASARATHI V	II CSE	/
26	720420104037	VIGNESH S	II CSE	/
27	720420104322	UMADEVI V	II CSE	/
28	720419104017	MUHAMMED MUSAMMIL K P	III CSE	/
29	720419104023	SOMITHA	III CSE	/
30	720421106002	NAGARAJ T	I ECE	/
31	720421106003	NAVEEN	I ECE	/
32	720421106004	RANI S	I ECE	/
33	720420106306	DHANASEKARAN S	II ECE	/
34	720420106315	KARTHIK L	II ECE	/
35	720419106001	AISWARYA MANOJ	III ECE	/
36	720419106303	KRISHNA S	III ECE	/
37	720418106501	BINOJ RAJ	IV ECE	/



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38	720421105001	SANKAR M	I EEE	/
39	720420105303	ARUNPANDIYAN C	II EEE	/
40	720420105317	PRASATH U	II EEE	/
41	720419105305	KRISHNARAJ S	III EEE	a
42	720420114002	ADITHYA P	II MECH	/
43	720420114006	THEJAS K. P	II MECH	/
44	720420114310	GUNASEKAR K	II MECH	/
45	720420114323	SARAN S	II MECH	/
46	720419114005	KARTHIKUMAR R	III MECH	a
47	720419114306	AMAL T V	III MECH	/
48	720419114326	SACHIN C P	III MECH	/



Programme coordinator



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CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

UMADEVI V - II yr CSE

for participating in the Positive Impact of Organic foods program
held on 12-05-2022 conducted at
CMS College of Engineering and Technology

PROGRAMME COORDINATOR

PRINCIPAL



Principal
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CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

NATEEB PT - IYR CIVIL

for participating in the Positive Impact of Organic foods program
held on 12-05-2022 conducted at
CMS College of Engineering and Technology

PROGRAMMATIC COORDINATOR

PRINCIPAL



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CIRCULAR

Ref : CMS CET / CCR / 2122 / 008

Date: 29-04-2022

This is to bring to your kind knowledge that, the Emotional and Physical benefits of Meditation and Yoga programme for students of All Departments is scheduled to be held on 03.05.2022. All the students are instructed to assemble in Seminar Hall II at 11:00 AM.

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AWARENESS PROGRAM ON

THE EMOTIONAL AND PHYSICAL BENEFITS OF MEDITATION AND YOGA

For ALL DEPARTMENT Students

Resource Person

*Mr. Nithish, Physical Director, CMS CET,
Coimbatore*



Date: 03.05.2022

Time: 11:00 AM

*Venue:
CMS CET*



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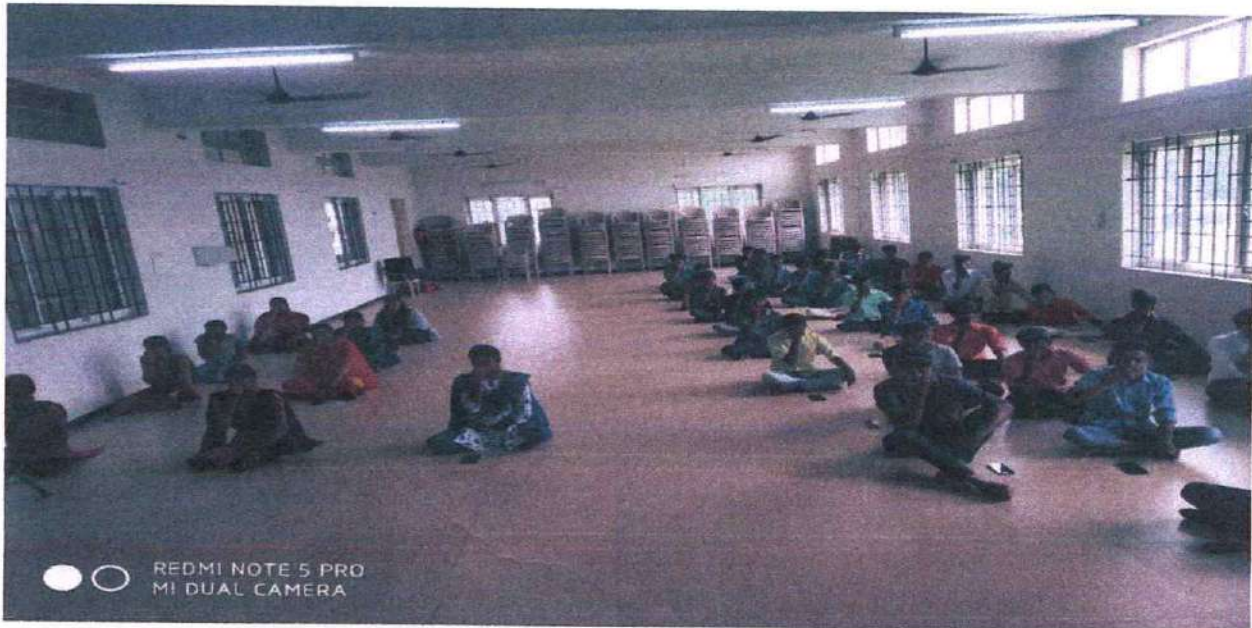


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REPORT OF THE EVENT

Title of the event : The emotional and physical benefits of Meditation and Yoga
Date of the event : 03.05.2022
Resource person : Mr. Nithish, Physical Director, CMS college of Engineering and Technology, Coimbatore.
No. of participants: 40

This event is privileged to assist students in understanding the nuances of life skills in order for them to become better human beings in both their personal and public lives. In this regard, a seminar on interpersonal skills has planned for the students, who will be treated to his insightful presentation on the subject. He briefed 57 students on the etiquettes to be followed in establishing rapport with the people with whom we are connected in both personal and public life.




The emotional and physical benefits of Meditation and Yoga on 03.05.2022


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List of participants – The emotional and physical benefits of Meditation and Yoga Programme

S. No	Register Number	Name of the Student	Department
1	720418103001	AKSHAY P V	IV CIVIL
2	720418103005	LIYA T	IV CIVIL
3	720418103007	SAURAV SANTHOSH	IV CIVIL
4	720418103008	SHYAMPRASAD G	IV CIVIL
5	720418103010	SOORYA P	IV CIVIL
6	720418103302	ATHUL	IV CIVIL
7	720418103304	JIBIN WILLIAM	IV CIVIL
8	720418103306	SUKRITHAN	IV CIVIL
9	720418103308	VALSAN	IV CIVIL
10	720418103001	AKSHAY P V	IV CIVIL
11	720418104002	ADITHYA SAJEEVAN	IV CSE
12	720418104006	ANJALI A T	IV CSE
13	720418104007	ANJANA JITHESH.M	IV CSE
14	720418104008	ARUN CHAND	IV CSE
15	720418104011	DEEPAN.S	IV CSE
16	720418104014	GEETHA.S	IV CSE
17	720418104018	SANTHOSHAKILAN S	IV CSE
18	720418104022	THARUN SURESH	IV CSE
19	720418104302	BHUVANESWARI S	IV CSE
20	720418106302	SAJITH P	IV ECE
21	720418106501	BINOJ RAJ	IV ECE
22	720418105002	MUHAMMED SHAHID STK	IV EEE
23	720418105003	SARATH KUMAR P	IV EEE
24	720418105302	ASHVIN C ZACHARIAH	IV EEE
25	720418114002	ABHINAV.P.K	IV MECH
26	720418114003	ABISHEK.S	IV MECH
27	720418114004	AJITH KUMAR.R	IV MECH
28	720418114008	ANISH.S	IV MECH
29	720418114009	ASWIN S	IV MECH
30	720418114010	BRIJITH.T.BIJU	IV MECH
31	720418114011	MARTIN JOSEPH	IV MECH




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32	720418114015	RICHARD.M	IV MECH
33	720418114016	SARUN M SATHYAN	IV MECH
34	720418114305	HARI HARAN C	IV MECH
35	720418114308	MUBASHIR C K	IV MECH
36	720418114310	PRANAV CV	IV MECH
37	720418114312	SANJEEV KUMAR R	IV MECH
38	720418114314	VISHNU.E	IV MECH
39	720418114701	ASWIN.P.ANIL	IV MECH
40	720418114702	ELSON.M.THOMOS	IV MECH


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Life Skill

LH 2

Awareness Programme on The emotional and Physical benefits of Meditation and Yoga

ATTENDANCE SHEET

S.NO	REG NUMBER	NAME OF THE STUDENT	DEPT	03-05-22
1	720421103001	AMAL SUNNY	I CIVIL	/
2	720421103002	JACOB KUNJUKUNJU V	I CIVIL	/
3	720420103304	BINU MATHEW M	II CIVIL	/
4	720420103312	MUTHU MANICKAM M	II CIVIL	/
5	720420103319	RAMAKRISHNAN S	II CIVIL	/
6	720420103321	SANTHOSH KUMAR D	II CIVIL	a
7	720420103323	SHYJU T J	II CIVIL	/
8	720420103304	BINU MATHEW M	II CIVIL	/
9	720419103316	SUHANA N K	III CIVIL	/
10	720421104005	AMAR HIRAJI BHOSALA H	I CSE	/
11	720421104012	DHANASRI.V	I CSE	/
12	720421104015	GOWTHAM S	I CSE	/
13	720421104021	JERALD JENID J	I CSE	/
14	720421104027	KEVIN JOSEPH	I CSE	/
15	720421104036	MUTHUKUMAR A	I CSE	a
16	720421104042	SHAHIN.S	I CSE	/
17	720421104050	THANSEER	I CSE	/
18	720421104053	VISMAYA B	I CSE	/
19	720420104023	RAGUL R	II CSE	/
20	720420104310	HEMANTH K V	II CSE	/
21	720420104323	VARSHINI C	II CSE	/
22	720420104325	VIVEK P	II CSE	/
23	720419104307	SARANYA R	III CSE	/
24	720421106002	NAGARAJ T	I ECE	a
25	720421106004	RANI S	I ECE	/
26	720421106005	SHEBIN MATHEW	I ECE	/
27	720420106316	LAKSHMIPRIYA N	II ECE	/
28	720420106318	RAJESHKUMAR R	II ECE	/
29	720420106319	ROSHIN M A	II ECE	/
30	720420106321	SATHISH KUMAR P	II ECE	/
31	720420106322	SUDHEESH M R	II ECE	/
32	720420106323	THARUN D S	II ECE	/
33	720419106302	ANANTH D	III ECE	/
34	720419106303	KRISHNA S	III ECE	/
35	720421105001	SANKAR M	II EEE	/
36	720420105303	ARUNPANDIYAN C	II EEE	/
37	720420105306	HASHIM KA	II EEE	/



[Signature]

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38	720420105309	JISHNU K		
39	720419105307	MOHAMMED SHAFREED V K	III EEE	/
40	720419105310	RAGUL P	III EEE	/
41	720419105314	SANDEEP S	III EEE	/
42	720419105317	SUSENDRAN M	III EEE	/
43	720419105319	VIGNESHVARAN K	III EEE	/
44	720420114006	THEJAS K. P	II EEE	/
45	720420114306	GNANA PRAKASH M	II MECH	/
46	720420114311	HARSHAVARTHAN R	II MECH	a
47	720420114315	MADHU BHARATHAN S	II MECH	/
48	720420114321	NAVEENPRASATH N	II MECH	/
49	720420114324	SARAN BABU M	II MECH	/
50	720420114326	SREEJIT I H	II MECH	/
51	720420114327	SUVIDSON S	II MECH	/
52	720420114006	THEJAS K. P	II MECH	/
53	720420114306	GNANA PRAKASH M	II MECH	/
54	720420114311	HARSHAVARTHAN R	II MECH	/
55	720419114007	NITHISH P	II MECH	/
56	720419114306	AMAL T V	III MECH	/
57	720419114315	MUHAMMED IRFAN V T	III MECH	/
			III MECH	/

AS

Programme coordinator

m

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Principal

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COIMBATORE - 641 032

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CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

SANDEEP.S - IIL yr EEE

for participating in The Emotional and Physical benefits of
Meditation and Yoga Program held on 03.05.2022 conducted at
CMS College of Engineering and Technology

PROGRAMME COORDINATOR



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CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

RANI S - Iyr ECE

for participating in The Emotional and Physical benefits of
Meditation and Yoga Program held on 03.05.2022 conducted at
CMS College of Engineering and Technology

PROGRAMME COORDINATOR

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CIRCULAR

Ref : CMS CET / CCR / 2122 / 008

Date: 08-11-2021

This is to bring to your kind knowledge that, the Stress Management Techniques programme for students of All Departments is scheduled to be held on 29.11.2021. All the students are instructed to assemble in Seminar Hall II at 11:00 AM.

PRINCIPAL

Copy to:

1. All Department HOD'S
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Guest Lecturer on

STRESS MANAGEMENT TECHNIQUES



Resource Person: **Mr. K.SARAVANAN**
Senior Software Engineer, Chennai

Date:
29.11.2021
Time:
11:00 AM

Venue
Seminar Hall II

www.cmscet.com



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CMS College of Engineering and Technology
Kumittipathy, Coimbatore - 641 032



REPORT OF THE EVENT

Title of the event : Stress Management Techniques programme
Date of the event : 29.11.2021
Resource person : Mr.K.Saravanan, Senior Software Engineer, Chennai..
No. of participants : 57




Stress Management Techniques programme on 29.11.2021

Asthma is a disease that kills quietly. Its intensity is directly proportional to the complications it might cause in the body. This lung's inflammatory disease is long term and deals a lot of damage to the body's breathing mechanism. It causes air-flow obstructions whose severity is determined by the severity of the disease. The situation worsens when the symptoms worsen at night or in response to exercises or physical activities. People suffering from asthma exhibit symptoms like shortness of breath, coughing, wheezing, tightness in the chest, and difficulty inhaling. 40 students attended the session.


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Coimbatore – 641 032

List of Participants – Stress Management Techniques Programme

S. No	Register Number	Name of the Student	Department
1	720421103001	AMAL SUNNY	I CIVIL
2	720421103002	JACOB KUNJUKUNJU V	I CIVIL
3	720420103304	BINU MATHEW M	II CIVIL
4	720420103312	MUTHU MANICKAM M	II CIVIL
5	720420103319	RAMAKRISHNAN S	II CIVIL
6	720420103321	SANTHOSH KUMAR D	II CIVIL
7	720420103323	SHYJU T J	II CIVIL
8	720420103304	BINU MATHEW M	II CIVIL
9	720419103316	SUHANA N K	III CIVIL
10	720421104005	AMAR HIRAJI BHOSALA H	I CSE
11	720421104012	DHANASRI.V	I CSE
12	720421104015	GOWTHAM S	I CSE
13	720421104021	JERALD JENID J	I CSE
14	720421104027	KEVIN JOSEPH	I CSE
15	720421104036	MUTHUKUMAR A	I CSE
16	720421104042	SHAHIN.S	I CSE
17	720421104050	THANSEER	I CSE
18	720421104053	VISMAYA B	I CSE
19	720420104023	RAGUL R	II CSE
20	720420104310	HEMANTH K V	II CSE
21	720420104323	VARSHINI C	II CSE
22	720420104325	VIVEK P	II CSE
23	720419104307	SARANYA R	III CSE
24	720421106002	NAGARAJ T	I ECE
25	720421106004	RANI S	I ECE
26	720421106005	SHEBIN MATHEW	I ECE
27	720420106316	LAKSHMIPRIYA N	II ECE
28	720420106318	RAJESHKUMAR R	II ECE
29	720420106319	ROSHIN M A	II ECE
30	720420106321	SATHISH KUMAR P	II ECE
31	720420106322	SUDHEESH M R	II ECE
32	720420106323	THARUN D S	II ECE
33	720419106302	ANANTH D	III ECE
34	720419106303	KRISHNA S	III ECE
35	720421105001	SANKAR M	II EEE



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36	720420105303	ARUNPANDIYAN C	II EEE
37	720420105306	HASHIM KA	II EEE
38	720420105309	JISHNU K	III EEE
39	720419105307	MOHAMMED SHAFREED V K	III EEE
40	720419105310	RAGUL P	III EEE
41	720419105314	SANDEEP S	III EEE
42	720419105317	SUSENDRAN M	III EEE
43	720419105319	VIGNESHVARAN K	II EEE
44	720420114006	THEJAS K. P	II MECH
45	720420114306	GNANA PRAKASH M	II MECH
46	720420114311	HARSHAVARTHAN R	II MECH
47	720420114315	MADHU BHARATHAN S	II MECH
48	720420114321	NAVEENPRASATH N	II MECH
49	720420114324	SARAN BABU M	II MECH
50	720420114326	SREEJIT I H	II MECH
51	720420114327	SUVIDSON S	II MECH
52	720420114006	THEJAS K. P	II MECH
53	720420114306	GNANA PRAKASH M	II MECH
54	720420114311	HARSHAVARTHAN R	II MECH
55	720419114007	NITHISH P	III MECH
56	720419114306	AMAL T V	III MECH
57	720419114315	MUHAMMED IRFAN V T	III MECH

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Life Skill

47

Guest Lecturer on Stress Management Techniques

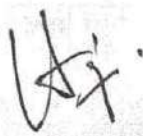
ATTENDANCE SHEET

S.NO	REG NUMBER	NAME OF THE STUDENT	DEPT	29-11-21
1	720418103001	AKSHAY P V	IV CIVIL	/
2	720418103005	LIYA T	IV CIVIL	/
3	720418103007	SAURAV SANTHOSH	IV CIVIL	/
4	720418103008	SHYAMPRASAD G	IV CIVIL	/
5	720418103010	SOORYA P	IV CIVIL	/
6	720418103302	ATHUL	IV CIVIL	/
7	720418103304	JIBIN WILLIAM	IV CIVIL	/
8	720418103306	SUKRITHAN	IV CIVIL	/
9	720418103308	VALSAN	IV CIVIL	/
10	720418103001	AKSHAY P V	IV CIVIL	/
11	720418104002	ADITHYA SAJEEVAN	IV CSE	/
12	720418104006	ANJALI A T	IV CSE	/
13	720418104007	ANJANA JITHESH.M	IV CSE	/
14	720418104008	ARUN CHAND	IV CSE	/
15	720418104011	DEEPAN.S	IV CSE	/
16	720418104014	GEETHA.S	IV CSE	/
17	720418104018	SANTHOSHAKILAN S	IV CSE	/
18	720418104022	THARUN SURESH	IV CSE	/
19	720418104302	BHUVANESWARI S	IV CSE	/
20	720418106302	SAJITH P	IV ECE	/
21	720418106501	BINOJ RAJ	IV ECE	/
22	720418105002	MUHAMMED SHAHID STK	IV EEE	/
23	720418105003	SARATH KUMAR P	IV EEE	/
24	720418105302	ASHVIN C ZACHARIAH	IV EEE	/
25	720418114002	ABHINAV.P.K	IV MECH	/
26	720418114003	ABISHEK.S	IV MECH	/
27	720418114004	AJITH KUMAR.R	IV MECH	/
28	720418114008	ANISH.S	IV MECH	/
29	720418114009	ASWIN S	IV MECH	/
30	720418114010	BRIJITH.T.BJU	IV MECH	/



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S.NO	REG NUMBER	NAME OF THE STUDENT	DEPT	/
31	720418114011	MARTIN JOSEPH	IV MECH	/
32	720418114015	RICHARD.M	IV MECH	/
33	720418114016	SARUN M SATHYAN	IV MECH	/
34	720418114305	HARI HARAN C	IV MECH	/
35	720418114308	MUBASHIR C K	IV MECH	/
36	720418114310	PRANAV CV	IV MECH	/
37	720418114312	SANJEEV KUMAR R	IV MECH	/
38	720418114314	VISHNU.E	IV MECH	/
39	720418114701	ASWIN.P.ANIL	IV MECH	/
40	720418114702	ELSON.M.THOMOS	IV MECH	/



Programme coordinator



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THIS IS PRESENTED TO

BINOJ RAT - IV ECE

for participating in the Stress Management Technique program
held on 29-11-2021 conducted at
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PROGRAMME COORDINATOR



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CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

DEEPAN S - IV yr CSE

for participating in the Stress Management Technique program
held on 29-11-2021 conducted at
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PROGRAMME COORDINATOR



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CIRCULAR

Ref: CMS CET / CCR / 2122 / 003

Date: 16-10-2021

This is to bring to your kind knowledge that, the Role of Nutrition in Health programme for Final year Students of All Departments is scheduled to be held on 20.10.2021. All the students are instructed to assemble in Seminar Hall I at 10:00 AM

[Handwritten signature]
16/10/21

PRINCIPAL

Copy to:

1. All Department HOD'S
2. Office
3. Library
4. Notice Board



[Handwritten signature]

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SEMINAR ON THE ROLE OF NUTRITION IN HEALTH

for All Department Students

RESOURCE PERSON

MR.N.PAZANICHAMY,
CHIEF EXECUTIVE OFFICER,
ALPHA POWER SYSTEM, DINDUGAL

DATE: 20.10.2021

TIME: 10:00 AM

VENUE: SEMINAR HALL I



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REPORT OF THE EVENT

Title of the event : The Role of Nutrition in Health
Date of the event : 20.10.2021
Resource person : Mr.N.Pazanichamy, Chief Executive Officer, Alpha Power System, Dindugal.
No. of participants : 48

This event is privileged to help students understand the nuances of life skills in order for them to become better human beings in both their personal and public lives. In this connection, a seminar on interpersonal skills is arranged to the students, who are graced with his valuable talk on problem-solving skills. He detailed the attitude to be cultivated by the students in order to face the problems that they come across in life. 39 students attended the session.



The Role of Nutrition in Health on 20.10.2021

Placement officer

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List of Participants - The Role of Nutrition on Health Programme

S. No	Register Number	Name of the Student	Department
1	720421103001	AMAL SUNNY	I CIVIL
2	720421103002	JACOB KUNJUKUNJU V	I CIVIL
3	720420103304	BINU MATHEW M	II CIVIL
4	720420103321	SANTHOSH KUMAR D	II CIVIL
5	720420103323	SHYJU T J	II CIVIL
6	720420103304	BINU MATHEW M	II CIVIL
7	720419103316	SUHANA N K	III CIVIL
8	720421104005	AMAR HIRAJI BHOSALA H	I CSE
9	720421104012	DHANASRI.V	I CSE
10	720421104015	GOWTHAM S	I CSE
11	720421104021	JERALD JENID J	I CSE
12	720421104027	KEVIN JOSEPH	I CSE
13	720421104036	MUTHUKUMAR A	I CSE
14	720421104042	SHAHIN.S	I CSE
15	720421104050	THANSEER	I CSE
16	720421104053	VISMAYA B	I CSE
17	720420104023	RAGUL R	II CSE
18	720420104310	HEMANTH K V	II CSE
19	720420104325	VIVEK P	II CSE
20	720419104307	SARANYA R	III CSE
21	720421106002	NAGARAJ T	I ECE
22	720421106004	RANI S	I ECE
23	720421106005	SHEBIN MATHEW	I ECE
24	720420106316	LAKSHMIPRIYA N	II ECE
25	720420106318	RAJESHKUMAR R	II ECE
26	720420106321	SATHISH KUMAR P	II ECE
27	720420106322	SUDHEESH M R	II ECE
28	720420106323	THARUN D S	II ECE
29	720419106302	ANANTH D	III ECE
30	720419106303	KRISHNA S	III ECE
31	720421105001	SANKAR M	II EEE
32	720420105303	ARUNPANDIYAN C	II EEE
33	720420105309	JISHNU K	III EEE



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34	720419105307	MOHAMMED SHAFREED V K	III EEE
35	720419105310	RAGUL P	III EEE
36	720419105314	SANDEEP S	III EEE
37	720419105317	SUSENDRAN M	III EEE
38	720420114311	HARSHAVARTHAN R	II MECH
39	720420114315	MADHU BHARATHAN S	II MECH
40	720420114321	NAVEENPRASATH N	II MECH
41	720420114324	SARAN BABU M	II MECH
42	720420114326	SREEJIT I H	II MECH
43	720420114327	SUVIDSON S	II MECH
44	720420114006	THEJAS K. P	II MECH
45	720420114306	GNANA PRAKASH M	II MECH
46	720420114311	HARSHAVARTHAN R	II MECH
47	720419114306	AMAL T V	III MECH
48	720419114315	MUHAMMED IRFAN V T	III MECH

Placement officer

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CMS COLLEGE OF ENGINEERING AND TECHNOLOGY
COIMBATORE-641032

Life Skill

Seminar on The Role of Nutrition in Health

ATTENDANCE SHEET

S.NO	REG NUMBER	NAME OF THE STUDENT	DEPT	20-10-21
1	720421103001	AMAL SUNNY	I CIVIL	/
2	720421103002	JACOB KUNJUKUNJU V	I CIVIL	/
3	720420103304	BINU MATHEW M	II CIVIL	/
4	720420103321	SANTHOSH KUMAR D	II CIVIL	/
5	720420103323	SHYJU T J	II CIVIL	/
6	720420103304	BINU MATHEW M	II CIVIL	/
7	720419103316	SUHANA N K	III CIVIL	/
8	720421104005	AMAR HIRAJI BHOSALA H	I CSE	/
9	720421104012	DHANASRI.V	I CSE	/
10	720421104015	GOWTHAM S	I CSE	/
11	720421104021	JERALD JENID J	I CSE	/
12	720421104027	KEVIN JOSEPH	I CSE	/
13	720421104036	MUTHUKUMAR A	I CSE	/
14	720421104042	SHAHIN.S	I CSE	/
15	720421104050	THANSEER	I CSE	/
16	720421104053	VISMAYA B	I CSE	/
17	720420104023	RAGUL R	II CSE	/
18	720420104310	HEMANTH K V	II CSE	/
19	720420104325	VIVEK P	II CSE	/
20	720419104307	SARANYA R	III CSE	/
21	720421106002	NAGARAJ T	I ECE	/
22	720421106004	RANI S	I ECE	/
23	720421106005	SHEBIN MATHEW	I ECE	/
24	720420106316	LAKSHMIPRIYA N	II ECE	/
25	720420106318	RAJESHKUMAR R	II ECE	/
26	720420106321	SATHISH KUMAR P	II ECE	/
27	720420106322	SUDHEESH M R	II ECE	/
28	720420106323	THARUN D S	II ECE	/
29	720419106302	ANANTH D	III ECE	/
30	720419106303	KRISHNA S	III ECE	/
31	720421105001	SANKAR M	II EEE	/
32	720420105303	ARUNPANDIYAN C	II EEE	/
33	720420105309	JISHNU K	III EEE	/
34	720419105307	MOHAMMED SHAFREED V K	III EEE	/
35	720419105310	RAGUL P	III EEE	/
36	720419105314	SANDEEP S	III EEE	/
37	720419105317	SUSENDRAN M	III EEE	/



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38	720420114311	HARSHAVARTHAN R	II MECH	/
39	720420114315	MADHU BHARATHAN S	II MECH	/
40	720420114321	NAVEENPRASATH N	II MECH	/
41	720420114324	SARAN BABU M	II MECH	/
42	720420114326	SREEJIT I H	II MECH	/
43	720420114327	SUVIDSON S	II MECH	/
44	720420114006	THEJAS K. P	II MECH	/
45	720420114306	GNANA PRAKASH M	II MECH	/
46	720420114311	HARSHAVARTHAN R	II MECH	/
47	720419114306	AMAL T V	III MECH	/
48	720419114315	MUHAMMED IRFAN V T	III MECH	/



Programme coordinator



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NAUTARAT T - IYV ECE

for participating in the Role of Nutrition in Health program
held on 20.10.2021 conducted at
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held on 20.10.2021 conducted at
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